

## Monica A. Ashour, MTS; M Hum

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### EDUCATION

2003

Master of Humanities  
The University of Dallas Irving, Texas

1995

Master of Theological Studies  
The University of Dallas, IRPS under Douglas Bushman Irving, Texas

1987

Bachelor of Arts in English and Political Science; Texas State Teacher:  
*Certification in Secondary English and Political Science—Lifetime*  
Stephen F. Austin State University  
Nacogdoches, Texas

### AWARDS, PUBLICATIONS, COMMITTEES, AND RECOGNITIONS

2022

- Appointed by Archbishop Perez to be a member of the *Ad Hoc* Committee of the Archdiocese of Philadelphia on a 5-Year Implementation Strategy of TOB into all ministries and outreaches of the entire archdiocese.
- **Listed as one of the top 24 Catholic Women Speakers**  
<https://catholic-link.org/20-catholic-women/>

2021

- Appointed by Bishop Edward Burns, Ordinary of Dallas to an advisory committee regarding pastoral, truthful responses to **Gender Ideology and Homosexuality**
- Potential Advisor for upcoming Dallas Synod

2020

- Completed *The Body Matters*, Pre-school – 8<sup>th</sup> grade program, replete with 18 books, 18 Educator Guides, 9 Parent Guides, How to Use videos.
- Due to COVID , developed a Hybrid use of *The Body Matters* for faith formation or schools AND parents (Family Catechesis with parish/school)

2019

- **Interviewed in Rome by the National Catholic Register. Article: “Why The Body Matters: A Key to Sound Christian Anthropology of Love**

and Sexuality.” <http://www.ncregister.com/daily-news/why-the-body-matters-a-key-to-a-sound-christian-anthropology-of-love-and-se>

Published, Sunday, July 14.

- **Pope Emeritus Benedict through Archbishop Georg Gänswein sent Monica Ashour a letter thanking her and all of TOBET for “your evangelizing work in promoting the Theology of the Body, offering thus a convincing answer to the challenge of the Gender Ideology.”** Vatican City, June 13.
- **TOBET’s books promoted as part of “The Easter Effect,”** by George Weigel in *First Things Magazine Online*. April 17.
- **Completed 18 books of 18 books for TOBET’s *The Body Matters TOB Program* for Pre-school to 8<sup>th</sup> Grade. Distributed throughout the U.S., Canada, and Australia. Currently being translated into Spanish.**
- **Video: “A TOB Response to Cultural Challenges.” Topic 1: Homosexuality.** Monica Ashour from TOBET on a panel with several experts, including Bishop Joe Strickland. Tyler, Texas, July 31.
- **Podcast for the USCCB on “Safe Environment from a TOB Perspective.”** Victoria, Texas, April 30.

2018

- **14 of 18 all lesson books for *The Body Matters TOB Program* created by Monica Ashour, TOBET Press.**

2017

- *The Body and Life* (Kindergarten) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- *The Body Is Good* (Kindergarten) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- *The Body Is Designed by God* (3<sup>rd</sup> Grade) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- *The Body and Reverence* (3<sup>rd</sup> Grade) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- *The Body Speaks a Language* (5<sup>th</sup> Grade) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press

2016

- **Official Observer at the USCCB Conference**, November 14-16, 2016, Baltimore, Maryland
- *Nick’s Night at the Zoo*, Story Book (1<sup>st</sup> Grade) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- *The Body as Sacrament*, Lesson Book (5<sup>th</sup> Grade) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- *Lizzy’s Greatest Gift*, Storybook (2<sup>nd</sup> Grade) from *The Body Matters TOB Curriculum* created by Monica Ashour, TOBET Press
- **Catholic Press Association Honorable Mention**—First Time Author of a Book, *Everybody Has Something to Give* (Pauline Books and Media)
- **Excellence in Publishing Award**—Children’s Books, *EveryBODY Has a Body: God Made Us to Love* (Pauline Books and Media)

2015

- **Invited Key Bishops and launched the TOBET Episcopal Advisory Board**, with Archbishop Aquila as the President. Advisory members include: Bishop David Konderla, Bishop Mark Seitz, Bishop Mike Sis, Bishop Kevin Vann (and in 2017, Bishop Joseph Strickland).
- **Participant, Pontifical Council for the Family—Ad hoc committee** in Washington, D.C., May 12 to give advice about Extraordinary Synod on the Family
- Author of *Theology of the Body Marriage Preparation* book and program. Published by TOBET. Blurbs of support: Bishop Kevin Vann, Dr. Janet Smith, Dr. Peter Kreeft. On Bishops' website as resource for USCCB.
- Author of *ToB for Kids* book series for 5-8 year olds, based on the Theology of the Body, published by Pauline Books and Media, Boston.

2014

- Author of *ToB for Tots* books series for 1-4 year olds, based on the Theology of the Body, published by Pauline Books and Media, Boston.
- Presentation Slides available on TOBET's website for parents, catechists, youth ministers, and others on various topics with a Theology of the Body viewpoints based on Angelo Cardinal Scola who suggests all theology can be taught from a TOB perspective.

2013

- Named to the Nolan Catholic High School Hall of Fame, Ft. Worth, Texas
- Award of Distinction for Leadership in Defending, Championing, and Preserving the Culture of Life Worldwide, Couples for Christ – Foundation for Family and Life

2012

- Pope John Paul the Great Distinguish Speaker Award, Benedictine College

2011

- Author of *The Parent's Guide for The Theology of the Body for Teens: Middle School Edition* published by Ascension Press
- Consultant for *The Theology of the Body for Teens: Middle School Edition* published by Ascension Press
- Author of pamphlet entitled, *Social Networking: How to Plug in without Tuning Out* published by Ascension Press.
- Participant, Invitation-only to 35 Lay Leaders world-wide, International Forum with Cardinal Arinze, University of Dallas Campus, Rome, Italy November 11-13, 2011.
- Speaker for the International Symposium on the Theology of the Body, Rome, Italy 2011.

2010

- Named One of the Top Theology of the Body Speakers for Teens in the Nation by the *Our Sunday Visitor*

2008

- The Dallas Diocese's Bishop's Pro-Life Award for Civic Action for promoting Abstinence-Based Education to the Texas School Board, Austin, Texas
- 2007
- Coach of the Year Award in Softball—TAPPS, Division II, District 3.
- 2006
- Work of Heart Award—Catholic Foundation—For dedicated service in a Catholic school.
- 1991
- Service Award for Oak Cliff
  - Who's Who Among American High School Teachers
- 1987
- Political Science Student of the Year Award (Runner up) for Stephen F. Austin State University graduating seniors.
  - Who's Who Among American College and University Students
  - Graduated Magna Cum Laude
- 1983
- Marian Scholarship Co-Award Winner to St. Mary's University given to exemplary Nolan High School student.
  - Who's Who Among American High School Students
  - Scholar-Athlete Award
  - All-State in volleyball
  - All-District in volleyball and softball

## CONFERENCES AND MAJOR SPEAKING ENGAGEMENTS 2023

- Keynote for Diocese of Oakland, California. Teacher Formation. Oakland, California. May 25.
- Retreat Leader for Adults; Theology Uncorked Talk. The Good News Center in Utica, New York. May 18-21.
- TOB Presentation to Adults at Mater Dei Catholic Church in Irving, Texas. March 13.
- Professional Development for Faculty for use of *The Body Matters* for St. Joseph School, a PreK-8<sup>th</sup> grade school in Arlington, Texas. February 7.
- Keynote for Diocese of Lafayette, Louisiana. Teacher Formation. Lafayette, Louisiana, February 4.
- Presentations to Youth, Young Adults, and Parents on Forming Families and Parishes in TOB at St. Mary Cathedral. Austin, Texas. January 29 & 30.
- Retreat Leader for TOB basics for 5<sup>th</sup> – 6<sup>th</sup>; TOB Basics and Sexuality for 7<sup>th</sup>- 8<sup>th</sup> grade at Holy Family Catholic School. Fort Worth, Texas. January 26 & 27. (Parents' Talk the night before.)
- Presenter for Archdiocese of Vancouver's EFDF (Elementary Faith Development Facilitators) to help form teachers in implementing *The Body Matters*. Via Zoom, January 25.
- Presentation to 36 Engaged Couples for the Fort Worth Diocese's Pre-Cana Workshop using TOBET's Theology of the Body Marriage Preparation. Fort Worth, Texas, Ongoing, monthly (TOBET has a Spanish speaker for the Spanish speaking engaged couples presented quarterly.)
- Presenter of Webinars for The Archdiocese of Chicago Offices of Catholic Schools & Lifelong Formation: "What is Theology of the Body and Why Should I Care?," "Theology of the Body for EveryBODY: Teaching TOB for all Ages," and "The Sacraments of Initiation from a TOB Perspective." January 16 & 23 and February 6.

## 2022

- Keynote for Dallas Diocese's Pre-Cana Retreat using TOBET's Theology of the Body Marriage Preparation. Dallas, Texas, November 12. (TOBET has a Spanish speaker for the Spanish speaking engaged couples.)
- *Sprouts* Morning Podcast. Teaching Little Ones about the Theology of the Body. November 14-18. Catholic Sprouts.

- Radio Interview on Doctor, Doctor. “How Medical Doctors Can Incorporate TOB in their Practice.” Doctor, Doctor Podcast. September 27.
- TOB Talk to Parents: “The Body Matters: Concrete Ways to Create a Catholic Culture in the Home and School.” St. Andrew’s Catholic School. Fort Worth, Texas, September 26.
- Keynote Speaker for the Diocese of San Diego afternoon Formation Day (after San Diego Curriculum Fair). “What Is the Theology of the Body and Why Should I Care” and “A Loving Response to Sensitive Topics: Accompaniment.” Orange, CA, September 22.
- Catechetical Formation for Faith Formation Catechists at Saint Polycarp Catholic Church and neighboring parishes. Stanton, CA, September 21.
- TOB Talk on The Body Matters TOB Curriculum to the Lovers of the Holy Cross Religious Order. Orange, CA. September 21.
- Keynote Speaker at the Diocese of Orange County Teacher Formation Day; “Teaching TOB to Tots, ‘Tweens, and Teens” and “Giving a Pastoral Response to Gender Ideology.” Stanton, California.
- **Breakout Session Speaker at the Catholic Medical Association 91st Annual Educational Conference: *Searching for the Truth: Medicine, Morality, and the Media.* “The Body Matters: Biologically, Psychologically, and Theologically.”** Denver, September 8-10, 2022. In person.
- **Mainstage speaker at the Tulsa Diocese Catechetical Conference:** “The Sacraments: Veiling and Unveiling Encounters with Christ, Permeating Life”; Breakout session #1: “The Sacraments of Initiation from a TOB Perspective”; Breakout session #2: “The Theology of the Body: A Foundational Perspective for Understanding a Sacramental View of Reality.” Broken Arrow, Oklahoma, Friday and Saturday, August 26-27. In person.
- **TOBET Seminar for Educators and Parents.** Diocese of Evansville, IN. Summer, 2022.
- **Published article for the Catholic Medical Association (CMA) Magazine, The Linacre Quarterly: “‘Com-compass’: Journeying to Joy by ‘Suffering-with’ Your Patients”** May 2022 edition.
- **2-Day TOBET Seminar for Diaconate Formation Program** Diocese of Reno, Friday, April 1-Saturday, April 2. In person.
- **Evening Talk to Parents and other Educators: “TOB as a Message of Hope and Healing to a World in Need: Practical Steps”** March 9, St. John Vianney, Round Rock, Texas. In person
- **MC and Retreat Leader: TOB Retreat for the Entire Family. Sacred Heart Parish and Holy Family Classical Academy.** Wichita Falls, Texas. Saturday, February 26. In person.
- **4 Keynote Talks: Archdiocese of Chicago Professional Development Programs in conjunction with Sophia Institute:** February 11 to

2021

- Teachers: **“Teaching TOB to Tots, ‘Tweens, and Teens” & “A Pastoral Response to Gender Ideology.”**; February 12 to Catechists: **“The Eucharist as Unveiling Truth and Love” & “The Most Important Words of the Universe: ‘This is my Body.’”** Darien, Illinois. In person.
- **Middle School Children Retreat. “The Foundational TOB Concept.” “The 3 Basics.” “TOB and the Incarnation.” “TOB and Prayer.” “The Most Important Words of the Universe: ‘This is my Body.’”** Thursday, January 27. A Catholic school in Ft. Worth. In person.
  - **Series of TOB Talks for a moms’ weekly Bible Study, Zuma, Arizona,** January 24, 31, February 7 & 14, online.
  - **Series of Talks for the Catholic Women’s League, Diocese of Alberta, Canada. “Gender Ideology: A Loving Response.”** November 15-20, online.
  - **2 Keynote Talks: Austin Diocesan Catholic Schools Day in conjunction with Sophia Institute: “Teaching TOB to Tots, ‘Tweens, and Teens” & “A Pastoral Response to Gender Ideology.”** Austin, Texas, November 2
  - **Breakout Session Speaker for the Catholic Medical Association, talk entitled, “Walking with Patients with ‘Com-passion.’”** Thursday, October 8, Orlando, Florida
  - **Training the Trainers for The Body Matters.** Faculty, James Collins Catholic School, Corsicana, Texas. October 6.
  - **MOMS’ Group—2 same talks. “Teaching Children TOB in Age-appropriate Ways.”** Frisco, Texas. Tuesday evening, Monday morning, Sept. 14-15
  - **8<sup>th</sup> Grade Retreat—Fundamentals and Basics (with no sexuality),** St. Joseph Catholic School, Arlington, Texas, September 3
  - **Keynote for Set Free Virtual International Conference, “TOB 101: Living TOB in Everyday Life.”** Online from the Institute for World Evangelization, Malaysia, August 28
  - **Keynote for Young Catholic Professionals, Ft. Worth. “A Practical Overview of Living and Breathing TOB.”** St. Elizabeth Ann Seeton, Keller, Aug. 26
  - **2 Breakout Talks: “The Body Matters for RE Catechists and Leaders” & “Family Catechesis Tract: How to Teach Your Children TOB,”** Diocesan Catechetical Conference, Tulsa, Oklahoma, August 21
  - **Parents’ Talk: “An Overview and Concrete Tips for Raising Children,”** Sacred Heart Catholic Church Muenster, Texas, August 20
  - **Breakout Speaker for MOMENTUM and CatholicBrain: “Clarity in the Midst of Confusion: The Theology of the Body”** Chicago, July 29
  - **Series of Talks for Teens-Confirmation and the Catholic Faith from a TOB Perspective.** Mary Immaculate Parish, Farmers’ Branch, Texas. Every other Wednesday from September through May 2022.

- **Speaker for TOB Digital Conference.** “Teaching TOB to Tots, ‘Tweens, and Teens” and “A Pastoral Response to Transgender Ideology.” April 30 & May 1.
- **Theology of the Body Marriage Preparation presenter**—Ft. Worth Diocese (every month to 36 engaged couples), St. Monica Parish, Dallas, quarterly to 15-20 couples)
- **8<sup>th</sup> Grade Retreat**—Fundamentals and Basics (with no sexuality), St. Joseph Catholic School, Arlington, Texas, May 13

2020

- **Breakout Session Speaker for the Catholic Medical Association, talk entitled, “Theology of the Body as a Guide for Patients with Gender Identity Questions.”** Thursday, September 24, San Diego, CA (COVID-cancelled)
- **Keynote Speaker for Santa Rosa Diocese-Teachers & Catechists of Conference entitled, “Year of Charity, Theology of the Body.”** Friday, September 25-Teachers; Saturday, September 26-Parish leaders-catechists. Cardinal Newman High School in Santa Rosa, CA. (COVID-Cancelled)
- **Keynote Speaker for Tulsa, Oklahoma Catechetical Conference.** Saturday, August 22, Tulsa, OK.
- **Keynote Speaker for the St. Thomas Aquinas Society’s Family and Nation Conference.** Tuesday, July 28-August 1. Colorado Springs, CO.
- **Retreat Master: “Theology of the Body as Unveiling God’s Love”** Saturday, July 18, 10am-3pm, Sacred Heart Catholic Church, Muenster, Texas
- **Speaker, TOB Digital Conference, “A TOB Overview.”** May Saturday, July 18, 10am-3pm, Sacred Heart Catholic Church, Muenster, Texas
- **Breakout Sessions Speaker, NCEA (National Catholic Educator’s Association): “The Body as Bridge or Boundary: Safe Environment for Elementary Children.”** Baltimore, MD. April 14-16. (Postponed)
- **Keynote Speaker for Continuing Education for Adults: “How TOB Can Enrich your Marriage.”** March 21 Forney, Texas
- **Keynote Speaker for Divine Mercy Conference, “Theology of the Body and Divine Mercy.”** February 29, Sugarland, Texas
- **Keynote Speaker for Christ the King Parish, Dallas. “The Theology of the Body for Valentine’s Sweethearts.”** Saturday, February 15.
- **Keynote Speaker for Diocese of Tulsa, Oklahoma, “The Theology of the Body as a Christian Anthropology.”** Friday, February 14-Principals; Saturday, February 15-Faith Formation.
- **Keynote Speaker for Teen Retreat (from India), Houston.** January 4.
- **Keynote Speaker for Moms’ Group, Austin, “How to Teach TOB to Tots, Tweens, and Teens.”** January 3.

2019

- **Keynote Speaker for Regina Caeli Homeschool-Parents, Austin, “How to Teach TOB to Tots, Tweens, and Teens.”** January 2.
- **Breakout Session Speaker for 300 Principals, Dioceses of Cleveland, Toledo, and Youngstown, “Who Am I?: Forming Children in Anthropology and Sexuality.”** Nov. 15, Kalahari Convention Resort.
- **Breakout Sessions Speaker, “Physician: Heal Thyself.”** Converging Roads Seminar for Catholic Healthcare Professionals. Sponsored by the John Paul II Foundation. San Antonio, Texas. October 19.
- **Breakout Sessions Speaker, “Teaching TOB to Tots, Tweens, and Teens” and “A TOB Response to Sensitive Topics.”** Dallas Ministry Fair. October 10-12.
- **TOBET Seminars—Educating the Educators: “TOB and *The Body Matters: An Alternative to Opt-out of ‘Sex Ed Bill-AB 329’*”** October 5, San Francisco.
- **Breakout Session Speaker, “Even Doctors Need Healing from Others: A Theology of the Body Perspective on Healing the Whole Person”** Catholic Medical Association Conference, September 26-28, Nashville, Tennessee.
- **TOBET Seminars: “Training the Trainers” in TOBET’s Theology of the Body Marriage Preparation Program. Sponsored by the Diocese of Memphis, Tennessee.** St. Brigid Catholic Church, Memphis, Tennessee, September 20-21.
- **TOBET Seminars: “Training the Trainers” in TOBET’s Theology of the Body Marriage Preparation Program. Sponsored by the Archdiocese of Galveston-Houston, Houston, Texas.** September 14.
- **Video: “A TOB Response to Cultural Challenges.” Topic 1: Homosexuality.** Monica Ashour from TOBET on a panel with several experts, including Bishop Joe Strickland. Tyler, Texas, July 31.
- **Serra Club of Houston. “TOB 101 and Vocations.”** Houston, Texas, July 17.
- **Catholic Healthcare Professionals of Houston. “Physician: Heal Thyself.”** Houston, Texas. July 16.
- **Keynote for Theology of the Body Workshop.** Lawton, Oklahoma. May 10.
- **Every month—Presenting to 36 engaged couples for the Ft. Worth Diocese using TOBET’s *Theology of the Body Marriage Preparation* book and program. Endorsed by Dr. Peter Kreeft and Dr. Janet Smith.**
- **California Catholic School Superintendents Curriculum Committee (CCSSCC). “An Overview of the Theology of the Body.”** Sponsored by the Diocese of Orange County. Garden Grove, California, April 8-10, 2019
- **TOBET Seminars for Safe Environment Officers. Sponsored by the Diocese of Victoria.** Victoria, Texas, May 1.

- **TOBET Seminars for Priests: “TOB in Homilies.” Sponsored by the Diocese of Victoria.** Victoria, Texas, April 30.
- **Podcast for the USCCB on “Safe Environment from a TOB Perspective.”** Victoria, Texas, April 30.
- **Speaker at Youth Symposium: Apologetics with No Apology.** “TOB, Marriage, the Holiness of Sexuality, and Responding to Transgender Ideology.” Dallas, February 23.
- **Live Radio Interview with Jim Havens from Stations of the Cross Catholic Radio in New York. Podcast: iCatholicRadio.org** February 19.
- **Radio Interview with Dave Palmer from Guadalupe Radio in Dallas.** February 17.
- **Keynote at large Confirmation group. St. Andrew’s, Ft. Worth.** “Confirmation from a TOB Perspective.” February 13.
- **Keynote Speaker at workshop for Principals, Diocese of Dallas.** January 23. “Responding to Transgender Ideology with Love and Truth.”

2018

- Guest Speaker to several Moms’ Groups, Houston, Texas, December 2-3.
- Guest Speaker to Principals for the Archdiocese of San Antonio, October 9.
- Guest Speaker, St. Louise School, Seattle—Presenting TOB in age-appropriate ways for youth group, parents’ talk, and various grades, Pre-school to 8<sup>th</sup> Grade and for the faculty to implement *The Body Matters TOB Program*. TOB Week—September 30-October 3.
- **Breakout Session Speaker, “TOB’s Christian Anthropology Informing Medical Care” Catholic Medical Association Conference,** September 20-22
- Guest Speaker at St. Anthony Catholic School, San Antonio, August 30-31
- Keynote Speaker for Youth for Life Bootcamp: Debunking the Myths: Culture of Life vs Culture of Death, June 16 and July 31
- Asked to be a Breakout Session Speaker at HV50 in California (declined since Sister Jane Karol Ashour, niece, made vows for the Nashville Dominicans)
- TOBET Seminars for Educators to understand St. John Paul’s Theology of the Body and to implement *The Body Matters TOB Curriculum*, June 21-23, Diocese of Lincoln, Nebraska
- TOBET Seminars for Educators to understand St. John Paul’s Theology of the Body and to implement *The Body Matters TOB Curriculum*, June 6-8, Dallas
- **Regular Guest Speaker for RED-C Catholic Radio** “Mystery of Parenthood,” St. Mary’s Catholic Center, College Station, Texas

- TOBET4ENGAGED for the Ft. Worth Diocese—Every month since 2015, presenting a 1-day Pre-Cana Workshop for 36 engaged couple (different couples each month), based on Monica Ashour’s book, *The Theology of the Body Marriage Preparation*, lauded by Dr. Peter Kreeft and Dr. Janet Smith.

2017

- Three Breakout Sessions for Teachers’ In-Service, Diocese of Lincoln, Nebraska, October 9
- 36th Annual National Meeting of the American Academy of FertilityCare Professionals, “The Integration of Theology of the Body and FertilityCare”, Saturday, July 22 Grapevine, Texas
- **Panelist for Convocation of Catholic Leaders**, July 2, 2017  
“The Church’s Teachings on Human Sexuality” with Archbishop Cordelione, Jason and Crystalina Evert, Theresa Notare July 2017
- TOBET Seminars for Educators—Continuing Education Hours for Teachers/Youth Ministers/Leaders from Dioceses around Texas, June 5-7
- Keynote Speaker—Diocese of Laredo Adult Conference with 800 adults in attendance, April 1
- TOBET’s Theology of the Body Marriage Preparation Program, Pre-Cana, February 11, Dallas, Texas
- TOB Purity and Chastity Conference for Teens and Parents, January 28, Rockwall, Texas
- TOB Confirmation Retreat for Teens—January 21 “Encountering Christ”, Killen, Texas
- Talks to Moms’ Groups throughout year (St. Ann’s Moms of Young Children, January 23; St. Elizabeth Ann Seton, February 8, etc)
- T4E (TOBET4ENGAGED)—Monthly Pre-Cana Formation of 36 Engaged Couples, Diocese of Ft. Worth

2016

- TOB Retreat for Teens—Indonesian Catholic Community-December 9-11, Denton, Texas
- TOB for Kids Series for 4<sup>th</sup>, 5<sup>th</sup>, and 6<sup>th</sup> Graders and their Parents, October 2, 9, 16, Duncanville, Texas
- National Singles Conference, September 30-October 2, Dallas
- TOB Congress, “Teaching TOB to Tots, Tweens, and Teens,”  
September 22-26, Ontario, California
- Cruise Talk, Couples for Christ, TOB Pro-life Talk on Cruise Ship to Cozumel, July 30-August 4
- TOBET4EDUCATORS, Diocese of Dallas, August
- TOBET4ENGAGED Presentation to Engaged Couples, Archdiocese of Kansas City, MO and the Diocese of Kansas City, KS, July 9-10
- TOB, the Human Person, and Politics, Legatus-Dallas Chapter, June 15
- TOBET Seminar—Educating the Educators on TOB and A Pastoral Response to Sensitive Topics, June 6-8

- Radio Interview, A TOB Response to Gender Theory, Guadalupe Radio, May 14, National Syndicate
- TOB Talks to Several Middle Schools, Archdiocese of Galveston-Houston, April 21-23
- Consultation Work, Archdiocese of Omaha, March 8-10
- TOBET4ENGAGED Training the Trainers, El Paso Diocese, Feb 5-6
- T4E (TOBET4ENGAGED)—Monthly Formation of 36 Engaged Couples, Diocese of Ft. Worth

2015

- TOBET Seminar for Teachers of the Archdiocese of Galveston-Houston, November, One-day Training
- Workshops for The Collegium Center for Faith and Culture Parents (Monday evening) and for Educators (Priests, Seminarians, Youth Ministers, Teachers, Catechists (Wednesday), September 28, 30, 2015
- TOBET4ENGAGED Theology of the Body Marriage Preparation. Training the Trainers—Facilitators' Workshop. Vallejos, California, August 14-15.
- TOBET4EDUCATORS Theology of the Body Book Signing and Parents' Talk (August 11, 7-8pm); Retreat for Faculty August 13 (morning); TOB Overview for Religion Teachers (afternoon). St. Pius X, San Antonio, TX.
- TOBET Seminars begin. 3-Day certification training for different leaders in the Church. Continuing education hours given. June 8-10; July 1-3, Sisters of the Holy Family of Nazareth Retreat Center, Grand Prairie, Texas
- Guest Radio Spot for Theology of the Body Advocates, Inc. for a TOB themed radio show, "The Perfect Lens," based in the Diocese of Toledo airing on Annunciation Radio. May 4.
- Keynote: Guiding and Guarding your Family. Dinner and Dance. May 2.
- Evangelization Week "E-Week" in Lubbock, speaking to a wide variety of audiences at many different locations—including schools, catechetical trainings, youth groups, DRE's, young adult ministries, Texas Tech Catholic Center, etc. April 19-25. (550 youth)
- Keynote: Bi-National Conference: Pro-Family, Pro-Life, El Paso, Texas. April 18. Three Distinct Talks: one for adults and two for teens (275 youth)
- Interview on Guadalupe Radio on Theology of the Body's impact. March 11.
- Guest Speaker at Dallas Baptist University on Theology of the Body Overview. Presented to several college students and faculty. February.
- T4E (TOBET4ENGAGED)—Monthly Formation of 36 Engaged Couples, Diocese of Ft. Worth

2014

- TOBET4ENGAGED Program begins. Once a month presentation to engaged couples for Pre-Cana, using TOBET materials, including *Theology of the Body Marriage Preparation*.
  - Project Family launched. Age-appropriate talks and retreats for the whole family, given by TOBET members trained by Monica Ashour.
  - Created and Launch, *The Lily Club*, a monthly gathering for Mothers and their Daughters, 8-12 years old.
  - Keynote: World Youth Day for Youth. San Antonio. November 1.
  - Keynote: Youth for Life Bootcamp. TOB and Chasity. July 28.
  - Keynote: Canonization Celebration Dinner and Dance: *The Life and Legacy of Saint John Paul II*. May 3, less than a week after his canonization on April 27.
  - Homeschool Conference, San Antonio, Texas. "How to Teach TOB to your Children." June 7.
  - 1-Day Retreat Series for 9<sup>th</sup>, 10<sup>th</sup>, 11<sup>th</sup>, and 12<sup>th</sup> Grades. Faribault, MN. March 29-April 3.
  - Presentation to young teens in Southwest Deanery, Archdiocese of San Antonio. February 1.
  - "Into the Arena" radio interview by Msgr. Kieran Harrigan for WOR Radio, Clearchannel Media & Entertainment, New York, New York
  - TOB Presentation for Catholic lawyers of St. Thomas More Society, Belo Mansion, Dallas. Topic: TOB and Natural Law. January 8.
  - Various Confirmation Retreats or TOB Retreats for Youth, spread throughout the year.
  - Various TOB Intro Talks to Parents, spread throughout the year.
- 2013
- Mission Presenter: St. Michael the Archangel Parish, Garland, Texas. December 1-5.
  - Guest Speaker, Houston Baptist University. Sex and the Gospel.
  - Keynote Speaker for Theology of the Body training for catechists and youth ministers. November 7-8, The Highlands School, Irving, Texas
  - Interviewed on Sunrise Morning Show, EWTN, October 10.
  - Keynote for Handmaids Conference of Couple for Christ-Faith and Family Life, September 13-1, Newark, New Jersey. (over 700 women in attendance)
  - "E-Week for the Year of Faith." A series of "E" (Evangelization) presentations to capture the imaginations of youth and adults alike with the Theology of the Body perspective. Fall 2013. Fairbault, Minnesota
  - Developed curriculum and videoed TOB-4-Us (Theology of the Body for University Students). 6 different Bible Studies for college study groups will begin to be made available on September 5, the anniversary of the first audience given by Pope John Paul II.
  - Presenter and curriculum developer for "TOB in Touch with Middle School Students." This course gives a broad, foundational look at the

human person in general (without mention of sexuality).

[www.mycatholicfaithdelivered.com](http://www.mycatholicfaithdelivered.com)

- Presenter and curriculum developer for “TOB in Touch with High School Students.” This course builds on the middle school course, beginning with what it means to be male or female and how sexual desire is God-given and intended to be governed by the person based on the language of the body spoken in truth.
- Keynote at CFC-FFL Conference in New York, March. (over 300 attendees)
- TOB Mission, “I Make All Things New.” 5 Days of various talks and presentations to adults, high school teens, middle school teens, parents, and teachers. Mobile, Alabama. March 2013.

2012

- Presenter and curriculum developer for “TOB in Touch with Adults,” released in October 2012. This online series available online through My Catholic Faith Delivered weaves in talks to teens and to parents to give adults a taste of TOB in an accessible way. Its final lesson zeroes in on the document from The Pontifical Council of the Family, *The Truth and Meaning of Human Sexuality*. [www.mycatholicfaithdelivered.com](http://www.mycatholicfaithdelivered.com)
- The Sunrise Morning Show, EWTN, Radio Interview on the Theology of the Body, August 2012
- Tradeschool Presenter, The International Conference of the National Association of Family Life Ministers, July 2012
- Guest Speaker, Pro-life Bootcamp for Teens, Dallas, July 2012
- Keynote Speaker, International Catholic Lay-Leadership Conference, Nashville, Tennessee April 28, 2012
- Pope John Paul the Great Distinguished Speaker Night, Benedictine College, February 9, 2012
- Main Formator for Training Students Leaders from 6 Universities, the REVOLUTION–TOBET’s College Outreach, Austin. January 8-11, 2012

2011

- Presenter, International Symposium on the Theology of the Body, “How to Teach Teens the Theology of the Body.” *Regina Apostolarum*--Rome, Italy November 9-11, 2011
- Author of pamphlet entitled, *Social Networking: How to Plug in without Tuning Out* published by Ascension Press.
- Author of *The Parent’s Guide for The Theology of the Body for Teens: Middle School Edition* published by Ascension Press
- Consultant for *The Theology of the Body for Teens: Middle School Edition* published by Ascension Press
- Guest Speaker, Mission College High School, San Luis Obispo, CA October 18-19, 2011
- MC and Main Speaker, Youth Convention for Middle School Students, San Antonio, Texas October 8, 2011

- Keynote Speaker, TOBET Conference—TOB: Reclaiming Authentic Masculinity and Femininity, Dallas, Texas September 17, 2011
- Retreat Master, The Theology of the Body, Cedarbrake Retreat Center, Belton, Texas September 10, 2011
- Keynote Address, Legatus—Catholic CEO's, Ft. Worth, Texas September 8, 2011
- Training Leader, Theology of the Body Workshop, Tyler Diocese, Nacogdoches, Texas August 18-20, 2011
- Keynote Speaker, Family Life Conference: "Renew your Faith, Receive Hope, & Rejoice in the Spirit" Amarillo, Texas August 13, 2011
- Interviewed regarding expertise in Theology of the Body, CatholicTV, July 18, 2011 Boston, Massachusetts
- Retreat Master, Pro-life Bootcamp for Teens, Fall River Diocese, Boston, Massachusetts July 15-17, 2011

2010

- Named one of the top Theology of the Body speakers in the nation by the *Our Sunday Visitor*
- Author of a Chapter in *Set Free to Love: Lives Changed by the Theology of the Body*. Ed. Marcel LeJeune. Published by Servant Books. September.
- Destined For Greatness: Your Human Journey TOBET Conference, Dallas, September 18 and 19
- Interview publish. "Teens, Sexuality, and Pope John Paul II." September 10. [www.zenit.com](http://www.zenit.com)
- Interview on Guadalupe Catholic Radio. Guest of the week. August 2.
- 1<sup>st</sup> Annual National Theology of the Body Congress, Blue Bell, Pennsylvania
  - 1 of 25 Invited Expert Speakers, July 28-30, 2010
- Keynote Speaker: Teen Pro-life Bootcamp; 4 Talks to over 100 teens about TOB and pro-life issues, Dallas, July 30-August 4, 2010
- National Single's Conference in San Antonio, Texas February 12-14, 2010
- Retreat Master, 4 Teen Confirmation Retreats in Dallas area in spring
- Guadalupe Catholic Radio, Guest of the Week. February.
- 20's-Something Speaker, The Stages of Dating according to Pope John Paul's *Love and Responsibility* and *Theology of the Body*. January.

2009

- Keynote Speaker: Eternal Exchange: Leadership Conference at St. Mary's at Texas A&M University, August 26 and 27.
- Keynote talk and retreat leader for the entire weekend: Notre Dame Youth Group, August 5, 6, and 7
- Keynote Speaker: The International Conference for the Indian Latin Catholic Church in Philadelphia, July 11 (Given to teens; small talk to adults)

- Guest speaker for Spirit and Life Young Adult Group, New Jersey, July 10
- Guest Speaker for a 3 Part Series: The Fire of Love: Dating and Relationships for 20-Somethings in Dallas, Texas in January, February, and March 2009.
- Guest interviewee for Catholic Radio Guadalupe of Dallas, Texas.
- Retreat Speaker for Singles' Retreat for the Ft. Worth Diocese (May)
- Retreat Master and speaker for weekend retreat for teen in San Antonio (February 27-28 and March 1).
- Guest speaker for Life Teen at All Saints' Catholic Church, Dallas. Chastity vs. the deadly sin of lust. (February 22)
- Kickoff Keynote Speaker for the Respect Life Group at St. Rita's Catholic Church in Fort Worth (February 21).
- Guest speaker for the Young Adults Group at UTD (February 15).
- Radio Guest Speaker—Ave Maria Law School Radio: The Advocate
- Retreat Master and speaker for weekend retreat for teens at HEB Retreat Center in Leakey, Texas (February 6-8).
- Guest speaker for Life Teen in Denton. Will talk on the Theology of the Body's insights to undergird the Church's teaching about homosexuality.(Jan)
- Guest speaker for the Young Serrans of Dallas. Spoke to over 50 adults on the Freedom of Choice Act. (January)

2008

- Guest speaker for Life Teen of St. Ann's Parish, Coppell. Engaged the over 300 teens in a talk on Masculinity and Femininity.
- Guest speaker invited by the San Antonio Arch-Diocesan Young Adult Conference. Breakout session on Masculinity and Femininity given to over 150 college students/young adults at Conference in San Antonio. October
- Guest speaker invited by the Amarillo Diocese Youth Office. Pro-life Conference for over 70 teens in Groom, Texas. Gave 3 talks to youth, taught youth ministers a drama and presented it in church before confessions for teens.
- Guest interviewee for Catholic Radio Guadalupe of Dallas, Texas.
- Speaker for TOBET Conference for Singles sponsored by the Diocese of Fort Worth and TOBET. Gave 2 presentations.
- Presenter invited by Lucas Pollice of the Fort Worth Diocese. Spoke on how to teach the Theology of the Body to catechists and teachers for the Continuing Education Course of the Diocese of Fort Worth at Renewal Center on Nolan High School's campus.
- Guest speaker invited by the Beaumont Diocesan Youth Office. Youth Conference in Houston, Texas.
- Guest speaker invited by the Dallas Diocesan Pro-life Committee for Pro-life Boot Camp for Teens. Talked to over 80 teens about the 40<sup>th</sup> Anniversary of *Humanae Vitae* at the University of Dallas.

- Guest speaker for Life Teen at St. Ann's Parish in Coppell. Engaged over 300 teens in an overview talk on the Theology of the Body.
- Retreat Master invited by Youth for Jesus. Ran retreat with fun activities, reflective time, 3 talks, and a drama.
- Guest speaker invited by St. Mary's Catholic Center at Texas A&M of the Austin Diocese. Spoke to 60 young women in the Catholic sorority about femininity.
- Workshop presenter invited by Lucas Pollice. Spoke on how to teach the Theology of the Body at the Fort Worth Diocese's Ministry Day at Nolan High School.

2007

- Guest speaker invited by the Dallas Diocesan Pro-life Committee for Pro-life Boot Camp for Teens. Talked to girls about the Beauty of Femininity the University of Dallas.
- Guest speaker at Life Teen at All Saints Catholic Church, Dallas. Gave an overview of the Theology of the Body.
- Guest interviewee invited by Catholic Radio Guadalupe of Dallas, Texas to give an overview of the Theology of the Body.
- Guest speaker invited by TOBIA (The Theology of the Body International Alliance) to speak on How to Teach Teens the Theology of the Body. TOBIA sells my talks on [www.ourfatherswillcommunication.org](http://www.ourfatherswillcommunication.org).
- Guest interviewee invited by Catholic Radio Guadalupe. Gave interview and had my students interviewed on live radio about their lobbying efforts in Austin.
- Guest speaker invited by St. Mary's Catholic Center at Texas A&M University. Gave talk on the Theology of the Body, Eschatological Man.
- Guest speaker invited by Courage of the Dallas and Fort Worth Dioceses.

2001-present

- Continue to give various smaller talks/retreats presented mainly in parishes in the Dallas-Ft. Worth area. These include Confirmation talks, running junior high retreats, RCIA, continuing adult education, singles' talks, Theology on Tap, social justice groups, Young Serrans, Adult Serrans of Ft. Worth, Singles' Retreats, Confirmation Retreat speaker, Women for the Third Millennium, Life Teen, young adult groups, and small discussion groups.

1998

- Guest interviewee on Jeff Cavins' Life on the Rock, EWTN, about Monica Ashour's innovation called, The "Nun Run." (Women visiting convents.)
- Catechetical leader for a Saturday workshop for catechists in the Bryan-College Station area.

1997

- Guest speaker for over 100 students for a talk on God and miracles on the campus of Texas A&M University.
- Catholic Campus Minister representative for an ecumenical discussion.

## EMPLOYMENT AND ACTIVITIES

2000-present

- Founder, author of 28 books, and national speaker for TOBET The Theology of the Body Evangelization Team, Inc.
  - Studied Pope John Paul II's works, especially his audiences known as The Theology of the Body. Has read it 14 times.
  - Writes, develops, and gives talks for various asunder audiences, ranging from 5 to 100's of attendees, from children, teens, to adults.
  - Spearheaded *The Body Matters* TOB Program for Pre-school to 8<sup>th</sup> grade as a supplement to existing curricula.
  - Spearheaded and wrote Theology of the Body Marriage Preparation Program

2000-2008

- Teacher at The Highlands School Irving, Texas
  - Advanced Placement English Instructor—Trained at 3 workshops, 1 week-long at TCU in 2006; 1 week-long in St. Mary's Hall in San Antonio in 2004; 1 day-long in Dallas in 2002. Developed a teaching strategy that made students successful on AP exams in May, without compromising the grave task of inspiring the students' imagination via works of literature.
  - Theology Teacher—Wrote curriculum and taught various students and subjects throughout the years, including Christian Anthropology, Moral Theology, Social Justice, Sacred Scripture, Catechesis, Church History, Ecclesiology, Sacramental Theology, Spirituality, Vocational Discernment, all undergirded by Trinitarian Theology based on the Theology of the Body. For course on Social Justice: took juniors and seniors to Austin to have students testify before the Texas State School Board (September 2004) regarding abstinence-based health textbooks and to lobby by going to talk to representatives during the Bishops of Texas' Proclaimed Pro-Life Day (March 2007)
  - Head Softball Coach—Junior High (2003-4); High School (2005-7) The team made it to the playoffs 2006 and 2007.
  - Faculty Representative for Model United Nations (2003-2008) Before conferences, trained students regarding position papers, current events regarding assigned country, voting procedures; registered school and dialogued with Secretary General of Conference (a college student) regarding details of conference; informed parents of students times/dates/hotel numbers; procured emergency forms, permission forms. At conference,

constantly walked to various assemblies, encouraging students to speak, giving input, observing. Conferences included: Columbia University, Penn State University, Harvard University, and Georgetown University. At least one of my students, competing against 1,000's, always received some award each year.

- Faculty Advisor—The Highlands Book Club (2005-7) Guided those who wanted to explore different works at a deeper level.
- Faculty Leader—Asked by the Executive Director to be on Faculty Committee to interview perspective principal, academic dean, teachers; led the interview process.
- Faculty Consultant—Asked to be a part of the Diocese of Dallas' Advisory Committee to the Bishops regarding their framework

#### 1999-2000

- Discerned Consecrated Life at the Dominican Sisters of St. Cecilia Nashville, Tennessee

#### 1996-1999

- Campus Minister at St. Mary's Catholic Center at Texas A&M University
  - Director of the Rite of Christian Initiation of Adults. Developed catechetical program, elicited speakers, and organized volunteer help in weekly meetings serving over 100 students; gave personal attention to each catechumen/candidate; planned and helped implement initiations 3 times a year; worked closely with the pastor, especially regarding pastoral issues; set up a library and videotape system; worked with the liturgical program and note-keeping administrator to ensure proper records were kept; planned and gave retreats; took students to Rite of Acceptance/Welcoming, meeting the Bishop of Austin.
  - Director of Aggie Catholic On-Campus Bible Study. Worked with college students in creating and starting an on-campus Catholic Bible Study which still continues to draw over 100 students; met weekly with the student who was presenting, checking for orthodox teaching and inspiring presentation skills; met weekly with the 2 core leaders to empower them to work with their core group; went to each Bible study to support students.
  - Director of Confirmation. Developed a Confirmation process for Catholics, including 6 weeks of preparation followed by a retreat.
  - Director of SMYRT (St. Mary's Youth Retreat Team). Served as liaison to college student leaders, working with speakers individually before retreats. Attended parts of retreat as ministry of presence and support.

- Envisioned and co-founded Nun Run, a fun-filled time of travel to various convents throughout the United States for the purpose of raising awareness of consecrated vocations. Nun Runs spawned Seminary Sprints, the male counterpart. The Nun Run has spread throughout the country to various campus ministry programs.
- Spiritual Director. Met one-on-one to discuss each individual's spiritual journey.
- Liaison for Praise and Worship Group. Helped to empower college students to begin a P&W group with Eucharistic adoration as part of it.
- Liaison for Eucharistic Adoration. Supported those who initiated daily adoration in the newly built chapel.
- Worked in area of grief for students and their families. Participated in at least two Taps and one Muster, approaching grieving families who lost loved ones. Led a prayer service for a deceased Catholic woman when a priest was not available. Spoke one-on-one with students in need.

#### 1992-1996

- Teacher at Prince of Peace Grade School/St. Michael's High School (now known as Mount St. Michael's School) Dallas, Texas
  - Taught fifth and sixth graders (1992-3).
  - Taught high school English and theology (1993-6).
  - Began the girls' sports program for volleyball, basketball, and softball (Head Coach for each sport). In softball, the girls competed in the State Competition (1996).

#### 1988-1992

- Teacher at Bishop Dunne High School Dallas, Texas
  - Taught 9<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> Remedial English Classes
  - Taught 9<sup>th</sup> and 10<sup>th</sup> Regular English Classes
  - Assistant (1990) and Head Softball Coach (1991-2). The girls competed in the State Competition (1992).
  - Assistant Campus Minister. Planned, updated, and participated in retreats for all grade levels. Trained the older students to serve the younger students for retreats.
  - Cheerleader Moderator for Summer Camp (1991)
  - St. Vincent DePaul Youth Moderator. Raised awareness of and helped serve the poor.

#### 1987-1988

- Teacher at Wilmer-Hutchins High School Wilmer, Texas
  - Taught 10<sup>th</sup> Grade Advanced English
  - Taught 10<sup>th</sup> Grade Regular English
  - Taught 10<sup>th</sup> Grade Remedial English

## REFERENCES

- **TOBET Episcopal Advisory Board**
  - Archbishop Aquila, Denver (303) 722-4687
  - Bishop Mark Seitz, Bishop of El Paso, Texas 915-872-8400
    - Miss Ashour's Spiritual Director of 17 years
  - Bishop Mike Sis, Bishop of San Angelo, Texas 325-655-6278
  - Bishop David Konderla of Tulsa, Oklahoma 918-307-4915
  - Bishop Joseph Strickland of Tyler, Texas 903-534-1077
  - Bishop Kevin Vann of Orange, California 714-282-4203
- Father James Yamauchi, Spiritual Director of The Theology of the Body Evangelization Team (TOBET); 214-998-1276
- Douglas Bushman, Augustine Institute, jp2bush@sbcglobal.net
- Mr. Ted O'Connor, Former Headmaster, The Highlands School, Irving, TX
- Ms. Toni Seeton, Former Principal, The Highlands School
- Dr. Elizabeth Reyes, Former Roommate
- Dr. DeAnn Stuart, Austin Institute, Personal Reference, Austin, Texas
- Dr. Alyssan Barnes, Personal Reference, Waco, TX
- Ms. Dayspring Brock, Personal Reference, Irving, TX