

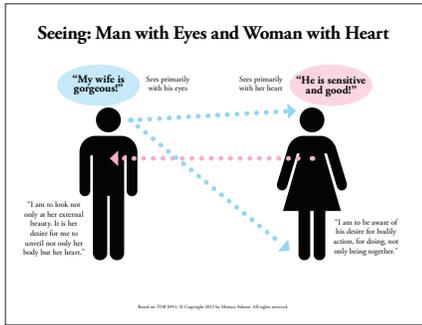








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Guiding Principles

- ✓ Guys are physically-charged (“with the eyes”)
- ✓ Ladies are emotionally-charged (“with the heart”)
- ✓ Complementarity—It is wondrous that the sexes are unique!

Note: Couples chatting with those nearby is SO crucial. It makes them feel more comfortable. Do not skip this. 6-8 minutes for 3-4 couples.

Sample Story

Christina gives a story about her parents’ description of their first meeting, which illustrates perfectly seeing with the eyes and with the heart. “...Still after 40 years marriage, Dad says, ‘Your mom was so hot! Still is! I knew I wanted to be with her forever.’ Mom says, ‘Your father has such a good heart. I knew from the beginning he cared so much about me.’”

Presentation

1. Show **SEEING: MAN / WOMAN**
2. Share **STORY OF ATTRACTION**
3. Men are physically charged, and women are emotionally charged. Not that guys don’t have emotions or ladies don’t have sexual desire, but that **primary** motivations are **biologically** different.

4. We are **complementary** (speaking with an “e” not “i”) meaning that we go together.
5. **TABLE SHARING** Have couples share with those closest to them about how they fit together.
6. **FREE GROUP SHARING** Volunteer your story for (or yourself) to be the best story shared.

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What Real Love Is	Idealized Love	Real Love
Free Gifts	Emotion	Emotion
Sacrifice	Fun times only	Fun times only
Decision	Feeling	Feeling
	Weather friend	Weather friend
	When it feels like	When it feels like

Presentation

1. Show **WHAT IS LOVE?** and let them silently read the chart
2. Relate this to Pope Francis’ comments of our “throw-away culture” (where we use and discard things) —and how this attitude is applied even to people and relationships.
3. Note last row—Forgiveness vs. Expecting Perfection. *It was not an accident that our Lord gives the command to forgive 70 times 7 times, your spouse (and you!) being the ones most in need of forgiving and being forgiven...over and over.*
4. Share **A STORY OF IDEALIZED LOVE VS REAL LOVE**

Guiding Principles

- ✓ Being “in love” is awesome.
- ✓ Real love is deeper than “being in love.”
- ✓ Real love is a decision of the will.

Note: Being “in love” is good—it is what first draws us. Help them distinguish the good feeling of being “in love” from the decision “to love.”

Sample Story

Ladies, your fiancée is your Knight-in-Shining-Armor in a sense. Go ahead, give him a kiss! (Pause) But, Disney and Hollywood do not depict the hardships, the frustrations, the conflict, and the need for forgiveness that true love can withstand. True love is a team sport, with both giving their all, even when it doesn’t feel good. We can follow the instruction of Disney’s Jasmine: “Follow your heart!” if we understand that the truth of following our hearts is not the **feeling** of love but the **decision** to love, through thick and thin.