TOB Week THEOLOGY OF THE BODY TALKS FOR ALL AGES!

TOBET brings St. John Paul's Theology of the Body to audiences of any age or any state of life. Going against the negative destructive messages about identity and sexuality, talks bring a focused, uplifting, and fun message of hope, healing, and joy. Our holistic approach underscores the truth and meaning of the body—we are made for true love!

TOB Week is a cost-effective and time-efficient means of evangelizing as many people as possible with the Good News of the fruitful union of Christ and His Church. In sharing TOB with multiple audiences in a short amount of time, parishes and dioceses have an opportunity to impact your community's culture powerfully and positively.

"I have had numerous, fantastic comments from parents and teens about Saturday. You said many things that got them thinking—a job well done! Thank you again for your expertise, time, fun, and honest conversations."

-John Matasso Our Lady of the Lake, Rockwall, Texas

Director of Youth Formation

Topics Include:

- The Body Teaches Us That Every Person Deserves a Response of Love
- Sacraments For Second Graders: The Body of Christ Has Meaning!
- The Body and Holiness: Morality from a Theology of the Body Perspective
- To Date or Not To Date?: That Is The Question
- Renewing Your Marriage: TOB Style
- (Other topics can be requested!)

TOB Week Example:

Monday:

- Talks at local grade school for all ages, ending with a 2 hour talk to 7th and 8th graders from 1-3pm.
- Faculty overview of TOB from 3:30-4:30pm
- Parents' talk from 7-8:30pmbook signing by author, Monica Ashour

Tuesday:

- Talk to Mothers' Groups in the area from 9:30-11:00am
- Talk at local high school in plenary session in the afternoon
- Talk in the evening to college students at Catholic center

Wednesday:

- Talk to Seminarians, Deacons, and other marriage and family life directors about Theology of the Body Marriage Preparation book and program from 9:00am to 4:30pm
- TOB talk to youth group at regular meeting time

Thursday:

- TOBET4EDUCATORS—2-day Seminar forms educators in TOB for their personal growth, and professional work with youth. TOBET Certificate for Continuing Education Hours
- Theology on Tap or Young Adult group

Friday:

- TOBET4EDUCATORS (continued) 9:00am-4:30pm
- Begin TOB Retreat for Youth (some places like a small retreat for Middle School on Friday night and High School Retreat on Saturday)

Saturday:

- TOB High School Retreat (all day, and perhaps until Sunday)
- OR—Training volunteers/sponsor couples in TOBET4ENGAGED

Sunday:

- After Mass, a "Revitalizing Your Marriage" talk to couples during a lunch or dinner provided by parish
- TOB Talk during typical teen youth night

Cost:

The cost varies, depending on amount of talks, etc. Most dioceses/organizations cover expenses by asking donors to cover expenses by procuring monthly donations to TOBET, or sometimes with grant money. Other places ask the various audiences (schools, college campuses) to give funds so that costs are shared. Some get donors to give air miles for speaker travel costs. For more information, contact us at 972-849-6543 or mashour@tobet.org.